



2009 Total Sports Complex Summer Camps



2009 campers

Total Sports Complex is committed to excellence in creating an exciting and active lifestyle. We maximize your child's summer experience through a diverse offering of Sports and Specialty camps. TSC will provide an environment packed with energy, learning, socialization, and most importantly FUN! From the sports fanatic to the environmentalist, there is something for everyone at one of our 30 unique camps! This is the perfect opportunity for your child to explore different interests and abilities. Take the time to carefully review all the choices and make the decision best suited for your child.

Balance is the key to success! Valuable learning occurs through a multitude of experiences. Diversify your child's summer. Register for a TSC summer camp program today!

Please be sure to pay close attention to specific camp notes. Camps and after care options may vary in price and location.*

*Now at Multiple locations:

TOTAL SPORTS WIXOM • 30990 Wixom Rd, Wixom, MI 48393 • 248 669-9817

TOTAL SPORTS NOVI • 41550 Grand River Ave. Novi, MI 48375 • 248 374-0500

TOTAL ROLLER HOCKEY NOVI • 46039 Grand River Ave. Novi, MI 48375 • 248 669-9831

Some camps are off site, please note those locations under the camp description.

CAMP index

- SPORTS CAMP pg 4**
- Advanced Golf Camp
 - Advanced Total Soccer Camp
 - Baseball Camp
 - Beginner Bowling Camp
 - Cheerleading Camp
 - Golf Camp
 - Gymnastics Camp
 - Lacrosse Camp

-
- SPORTS CAMP pg 5**
- Mission Roller Hockey Camps
 - Floor Hockey
 - Learn To Skate
 - Learn To Play Inline Hockey
 - Softball Camp
 - Total Soccer Camp Novi
 - Total Soccer Camp Wixom
 - Total Soccer Goalkeeping
 - Totally Sports Camp
 - Youth Football Camp

- SPECIALTY CAMP pg 6**
- Animals, Dinosaurs, and Insects
 - Arts & Crafts Camp
 - Babysitter Bootcamp & First-Aid
 - Fitness Bootcamp
 - Go Green!
 - Pretty Pretty Princess
 - Ref Prep
 - Remote Control Camp
 - Science Problem Solvers
 - Tastefully Done

-
- SPECIALTY CAMP pg 7**
- Team Building Camp
 - Total Safety 101
 - Video Games and Comic Books
 - What goes up...
 - Wilderness Camp
 - Yoga Camp
 - Parents Night Out Saturdays



DISCOUNTS & promos



BECOME A TOTAL SPORTS COMPLEX MEMBER AND SAVE \$25 OFF OF CAMP PRICE!

Only \$15 to join for a whole year! (\$30 for a family membership) TSC members will receive the Total Sports Member Incentives Card. (Take your card to local area businesses for \$100's in savings!) Check our website for details.

MULTIPLE CAMP AND CAMPER DISCOUNTS

Discounts offered for the following:
Multiple camp registrations
Multiple campers in one household
Bring a friend to camp
Check with the TSC office for more information.

TSC OPEN HOUSE - MAY 15, 2009 5PM-10PM

Come see what TSC Summer Camps, birthday parties, and Lil' Kickers programs are all about. Enjoy games for the kids, meet the counselors, and play in our inflatable zone. Win a free week of summer camps, a session of Lil' Kickers, or a birthday party field rental! (value of over \$100).

THE EARLY BIRD CATCHES THE WORM Register by May 15, 2009 and SAVE!



SAMMY SAYS:
"A Camp T-shirt is included with every registration"

INFO & options

AFTER CAMP LUNCH AND A MOVIE

TSC Novi only option 11:30AM-3PM

Want to stick around for more summer camp fun? Join us for a post camp cool down session. See the calendar for dates/times.

THE TOTAL PACKAGE

TSC Wixom only option

Everyday after camp 1pm-5pm

Each day will be packed with Adventure! Campers will relax with a movie or bounce in the Inflatable Zone. Enjoy our board game challenge, treasure hunt, and much more! Snacks are provided. A credit card is required to secure registration for extended care programs. Campers will be charged \$6 per hour. Accumulated charges will be added to your credit card at the end of the week.

SPLASH CENTER

Bring your swim suit, towel, and sunscreen! Children will have the chance to enjoy our cool-off sessions in the Splash Center daily. Included with every camp at the Total Wixom Location, The TOTAL Package after care option, and Famous Dave's Fun Day Fridays.

SAMMY CENTS

TSC Wixom only option

Parents can put money on a TSC card that can be applied to lunch, drinks, or treats. Any amount can be added. Cards can be reloaded at any time. Please specify at the time of registration.

LUNCH OPTIONS

Monday-Thursday during the week of camp.

Purchase a Sammy Cents Card at the time of registration to be used at the TSC Grill. For \$5 each, campers can choose from our menu of chicken tenders, hot dog, hamburger, or pizza. (drink and fries included) available every day of camp. Lunches can also be purchased on a daily basis the morning of camp **OR** Bring your own sack lunch. **Don't forget Famous Dave's Fridays for a BBQ lunch.** Famous Dave's Fun Day Fridays BBQ lunch provided with registration.

HOW DO I REGISTER?

Registration forms are available at any of the TSC office locations or online at www.totalsportscomplex.com. Full payment is required upon registration. Email info@totalsportscomplex.com subject "Summer Camps" for more information.

CHECK IN/OUT PROCEDURES:

Parents will be required to check in and check out their child each day. Your child's safety is important to us! Please be advised, children will not be released unless proper check out procedures are followed. Anyone picking up a child must be recorded at check in.

All **Sports Camps** will take place Mon–Thurs from 9am–1pm unless stated otherwise.

■ Advanced Golf Camp

TSC Wixom and Cattails Golf Club Ages 8-14
During the Advanced Golf Camp campers will spend the first two days at TSC Wixom fine tuning already developed skills. The last two days, Wednesday and Thursday, will be held at Cattails Golf Course. Wednesday will be spent on the range and Thursday will be spent playing nine holes side by side with our instructors. (Campers must provide their own transportation to and from the golf course.) Campers will work on course etiquette, score keeping, and club selection all while playing on one of the best courses around!

Weeks of July 6, July 20, Aug 3
COST: **\$150** ▪ CODE: **ADGOLF**

■ Advanced Total Soccer Camp

TSC Wixom Ages 8-14
At the advanced soccer camp players will get exposed to more complex soccer skills. This camp is the step above our regular soccer camp. At the advanced camp players will work on dribbling moves, possession, attacking and defensive strategies. This camp is limited to 16 participants each week.

Weeks of July 6, July 27, Aug 16
COST: **\$150** ▪ CODE: **ADSOC**

■ Baseball Camp

Want to get an edge this summer? Join our baseball staff and sharpen your skills. Players will participate in drills to help enhance hitting, fielding, throwing, pitching, sliding, and base running skills. Radar readings will be given for each player's arm. Please bring all baseball equipment and be prepared for both indoors and outdoors (indoor shoes, cleats, hat/visor, sunscreen, water). Register through Total Baseball office at 248-668-0166.

Weeks of June 15, June 22, July 6
COST: **\$170** ▪ CODE: **BASE**

■ Beginner Bowling Camp

Novi Bowl Ages 5-14 9AM–12PM
Come and learn one of the most fun recreational games around! Learn the basics of bowling! Campers will be taught by a certified PBA instructor. Bumpers are available upon request. This camp is held at Novi Bowl. Campers must provide their own transportation to and from the bowling alley. (21700 Novi Rd)

Weeks of July 13, Aug 3
COST: **\$125** ▪ CODE: **BOWL**

■ Cheerleading Camp

TSC Wixom Ages 5-12
Have a child interested in cheerleading but not quite sure how to get them started? This camp is perfect for you! At our beginner cheerleading camp children will get exposed to basic jumps, lifts, cheers, and chants! Face painting and a craft project will be included also!

Week of July 13
COST: **\$125** ▪ CODE: **CHEER**

■ Golf Camp

TSC Wixom and Cattails Golf Club Ages 5-14
At TSC Golf Camp campers will be taught the fundamentals of the game. Proper stance, grip, and swing will be addressed, as well as, course rules and etiquette. First three days of camp will be held at Total Sports Complex, Thursday of each week will be held at Cattails Golf Club (57737 9 Mile Rd, South Lyon) for a nine-hole scramble.

Weeks of July 6, July 20, Aug 3
COST: **\$125** ▪ CODE: **GOLF**

■ Gymnastics Camp

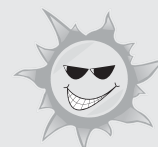
TSC Wixom Ages 5-12
Is your child interested in the high-flying and exciting world of gymnastics? Do they have lots of energy and enthusiasm for the growing sport of gymnastics? If so our beginner gymnastics camp will be perfect for them! Come learn the basics of tumbling, jumping, flipping and more!

Week of July 27
COST: **\$125** ▪ CODE: **GYMN**

■ Lacrosse Camp

TSC Wixom
Take your lacrosse game to the next level! Camp is run by Michigan State Coach Dwayne Hicks. Players must have all required equipment. Come to camp and improve your skills! Indoor/Outdoor – no rainouts! Both junior boys (grades 5-8) and senior boys (grades 9-11) available.

COST: **\$170** ▪ CODE: **LACR**



SAMMY SAYS:
“Don’t forget
Sunscreen”

Mission Roller Hockey Camps

Total Roller Hockey Novi 9am-11:30am
all camps Monday – Thursday



Floor Hockey

Ages 4-10

This camp is designed to introduce the sport of hockey. Played on sport court (Tile Floor) no skates are required and is intended to give the player a feel for the sport of hockey. Required equipment: Non-marking running shoes. Protective gear can be supplied upon request.

Week of June 22

COST: **\$125** ■ CODE: **FLOOR**

Learn To Skate

Ages 6-14

This camp is intended for kids that want to be introduced to inline skating. No hockey skills are required and will be focused on the dynamics of skating with our experienced staff. Required equipment: Indoor Inline skates. Skates can be supplied upon request. Indoor wheels required. Additional protective gear recommended.

Week of July 13

COST: **\$125** ■ CODE: **SKATE**

Learn To Play Inline Hockey

Ages 7-17

This camp is designed to introduce the game of Inline Hockey. The camp will be focused around all aspects of inline hockey. Staff includes experienced player/coaches. Required equipment: Full hockey gear. TRH will supply gear upon request.

Week of Aug 10

COST: **\$125** ■ CODE: **ROLLER**

Softball Camp

TSC Wixom

Want to get an edge this summer? Join our softball staff and sharpen your skills. Players will participate in drills to help enhance hitting, fielding, throwing, pitching, sliding, and base running skills. Radar readings will be given for each player's arm. Please bring all softball equipment and be prepared for both indoors and outdoors (indoor shoes, cleats, hat/visor, sunscreen, water). Register through the Total Softball office at 248-863-5624.

Weeks of June 22, July 6

COST: **\$170** ■ CODE: **SOFTB**

Total Soccer Camp Novi

TSC Novi Ages 5-14

This camp is designed with the beginning player in mind! This four day camp will be spent playing on our boarded soccer fields. Players will be exposed to all areas of the game such as passing, shooting, dribbling, trapping, juggling, defending and more!

Weeks of June 22, July 13, July 20, Aug 3, Aug 10, Aug 16

COST: **\$90** ■ CODE: **SOCCN**

Total Soccer Camp Wixom

TSC Wixom Ages 5-14

This camp is designed with the beginning player in mind! Over the four day camp players will be exposed to all areas of the game. Passing, shooting, dribbling, trapping, juggling, defending and more!

Weeks of June 22, July 6, July 13, July 20, July 27, Aug 3, Aug 10, Aug 16

COST: **\$125** ■ CODE: **SOCCW**

Total Soccer Goalkeeping

TSC Wixom Ages 8-14

During the goalkeeping camp at Total Soccer, players will get one on one attention from current college goalkeepers as well as current club goalkeeping staff. Each week will have two groups, beginners and advanced goalkeepers. Due to the one on one nature of this camp enrollment is limited to 16 participants each week.

Weeks of July 6, July 27, Aug 16

COST: **\$150** ■ CODE: **SOCCGK**

Totally Sports Camp

TSC Wixom Ages 7-14

Love all sports? Just can't decide? Then this is the camp for you! During Totally Sports Camp campers will play different games each day! Games could include: soccer, dodgeball, flag football, kickball, volleyball, capture the flag, and more!

Weeks of July 13, Aug 10

COST: **\$125** ■ CODE: **SPORT**

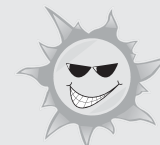
Youth Football Camp

TSC Wixom Ages 7-14

Our youth football camp is a non-competitive non-contact camp for those looking to improve their football skills. Catching, throwing, and kicking techniques will be covered. Basic offensive and defensive methods as well as rules will be taught. Players looking to play in our flag football leagues will learn a lot from this camp!

Weeks of July 6, Aug 3

COST: **\$125** ■ CODE: **FOOTB**



SAMMY SAYS:
"Bring your friends to camp!"

ALL CAMP PRICES ARE LISTED AS TSC MEMBER PRICING.

SPECIALTY camps

All **Specialty Camps** will take place at the **TSC Wixom** Location Mon–Thurs from 9am–1pm unless stated otherwise.



SAMMY SAYS:
“A change of clothes is recommended”

■ Animals, Dinosaurs, and Insects

Ages 6-10

Interested in creepy crawly insects? How about prehistoric beasts? Or are modern day furry animals more your child’s thing? At this camp children will explore all aspects of the animal kingdom. Campers will complete various projects that they keep at the end of the week!

Weeks of July 13, Aug 16

COST: \$125 ■ CODE: ADINO

■ Arts & Crafts Camp

Ages 5-12

Water colors, needlepoint, popsicle stick projects, foam creations and more! Attend the arts and crafts camp and be exposed to a variety of fun projects that kids get to take home everyday! All materials are included.

Weeks of June 22, July 27, Aug 16

COST: \$125 ■ CODE: ARTC

■ Babysitter Bootcamp & First-Aid

Ages 10-14

Does your child want to learn how to take care of children and infants; handle emergencies such as injuries, illness and household accidents, and learn to be a good leader and role model? If yes, sign them up for our Babysitter Boot camp! Campers will get certified in Infant and Child CPR and First Aid. They will learn skills such as safe play, age appropriate games, and what to do in case of an emergency. Campers will also make a “babysitter bag” full of activities and crafts to take with them to their future jobs!

Weeks of June 22, Aug 10

COST: \$150 ■ CODE: BABY

■ Fitness Bootcamp

Ages 5-14

Excited about fitness? Want to give your child an overview of the exciting world of aerobics and cardio kickboxing? Register them for our Boot Camp Fitness class and children will get an amazing workout in a non-competitive, non-intimidating environment.

Weeks of July 6, Aug 16

COST: \$125 ■ CODE: BOOT

■ Go Green!

Ages 5-14

Care about the environment? Your child will learn about recycling and conserving energy by planting trees, creating compost, and designing a program your whole family can be excited about! What is your carbon footprint? Sign up today and find out!

Weeks of July 13, Aug 3

COST: \$125 ■ CODE: GREEN

■ Pretty Pretty Princess

Ages 4-10

Girls will flip for this princess themed camp! Campers will make their own tiaras and wands, learn a special dance, and prepare treats all leading up to the Princess Ball on Thursday! Be prepared to get dressed up. Girls are welcome to bring their own princess attire each day of the camp.

Weeks of June 22, Aug 10

COST: \$125 ■ CODE: PRINC

■ Ref Prep

Ages 12-16

At this camp aspiring referees can come and learn what it would be like to be an indoor soccer referee! Even if your child is outdoor referee certified come and take the referee training class and learn the rules of the indoor soccer game. Campers will watch instructional videos, listen to guest referee speakers, and go hands on and referee mock indoor soccer games. After the completion of this course referees will be given a Total Soccer Referee Certificate of achievement and will be entered into the database of potential referees for the indoor soccer season!

Week of July 27

COST: \$100 ■ CODE: REFP

■ Remote Control Camp

Ages 8+

At this camp kids will get to play with all things remote controlled! Cars, planes, helicopters, and monster trucks could all be used! Kids will get instruction from our experienced camp counselors and learn to navigate these big kid toys all over the complex!

Weeks of July 6, Aug 3

COST: \$150 ■ CODE: REMOT

■ Science Problem Solvers

Ages 7-12

This camp is targeting children who always ask the question “Why?” While attending this camp, children will complete various experiments and activities to see “Why” things happen and how they work.

Week of July 20, Aug 16

COST: \$125 ■ CODE: SCIEN

■ Tastefully Done

Ages 5-12

Children love to create, experiment, and use their imaginations. Tastefully Done is designed to let your child’s artistic flair flourish as we take every day foods and create works of art.

Week of July 13

COST: \$125 ■ CODE: TASTE

■ Team Building Camp

Ages 8-18

Team chemistry is one of the most important factors in determining the success of your team. Join us for a week of exercises that will improve your team's effectiveness, communication, morale, and trust. Perfect for any team looking to get an edge on the competition! This camp is designed for groups of 2 or more. Ask about our group rate!

Weeks of June 22, Aug 10

COST: **\$100/PERSON** ■ CODE: **TEAM**

■ Total Safety 101

Ages 5-14 9AM- 11:30AM

Experience what its like to be a firefighter, police officer, or paramedic for the day. Campers will get hands on training from the hometown heroes themselves! Climb aboard a fire truck or sit in the back of a police car. This camp is available at both our Wixom and Novi locations. Lunch and Extended Care Options Available at TSC Wixom. Please ask for details.

TSC Wixom Week of July 6

TSC Novi Week of July 20

COST: **\$90** ■ CODE: **SAFET**

■ Video Games and Comic Books

Ages 5-14

Interested in Xbox 360, PS3, Nintendo Wii? How about X-Men, Spiderman, and Batman? If so we have a camp for you! Our video games and comic books camp will let campers explore all the various gaming systems out now! As well as read and draw their own comic books! This camp will be held in our air conditioned TSC Grill at the Wixom location.

Weeks of June 22, July 27

COST: **\$125** ■ CODE: **VIDCOM**

■ What goes up...

Ages 7-14

Experience aerodynamics! This camp will focus on all things airborne. Campers will fly kites, make paper airplanes, and build and launch their own rocket!

Weeks of June 22, July 20

COST: **\$125** ■ CODE: **AIRPL**

■ Wilderness Camp

Ages 7-14

Love the great outdoors? Join us for a week of survival training! Campers will enjoy an introduction to archery. Learn to use a compass and read a map and apply your new skills to our fur filled scavenger hunt!

Weeks of July 6, July 20

COST: **\$125** ■ CODE: **WILDN**

■ Yoga Camp

Ages 5-14

Yoga is a wonderful way to help develop focus, coordination, confidence, strength and self-esteem in kids! During our four day program campers learn basic yoga postures and movements along with simple relaxation techniques in a safe and fun environment.

Weeks of June 22, Aug 3, Aug 10

COST: **\$125** ■ CODE: **YOGA**

■ Parents Night Out Saturdays

Ages 4-12 6PM-10PM

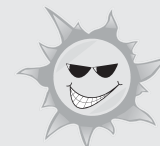
Mom and Dad want to go out for the night but don't know what to do with the kids? Why not drop them off at Total Sports Wixom? Kids will have the option to enjoy multiple sport activities, relax with popcorn and a movie, or bounce in our inflatable zone. Pizza, pop, and popcorn included. Now both the kids and parents can have a fun night out! (Pre register 24 hrs in advance)

Saturday Nights throughout the summer

COST: **\$25 PER CHILD (ADDITIONAL**

SIBLINGS \$15 EACH)

NON-MEMBER COST: **\$30 PER CHILD**



SAMMY SAYS:

"Be prepared for a week packed with FUN!"

■ FAMOUS DAVE'S FUN DAY FRIDAYS

9am-1pm

Every Friday is Field Day at TSC Wixom. Join us for a day filled with Excitement! Children will spend the day playing games, enjoying our Inflatable Zone, and cooling off in our Splash Center! At lunch time they will enjoy a spread of Famous Dave's BBQ with a special visit from Famous Wilbur!

Four days is not enough! All children are welcome to come and join in the fun! The cost is \$25.00 for the entire day! Come and join in on the Famous Dave's Fun!



Pontiac Trail						
Wixom Rd.	S. Wixom Rd. Total Sports Complex Wixom	Beck Rd.	Taft Rd.	Novi Rd.	Meadowbrook	Total Soccer Novi
	Grand River					
96		Total Roller Hockey Novi 				

2009 calendar

Total Roller Hockey	TSC Novi
TSC Wixom	Novi Bowl



SPORTS CAMPS

SPECIALTY CAMPS

	June 15-17	June 22-25	July 6-9	July 13-16	July 20-23	July 27-30	Aug 3-6	Aug 10-13	Aug 16-19
ADGOLF			Red		Red		Red		
ADSOC			Red			Red			Red
BOWL				Green			Green		
CHEER				Red					
GOLF			Red		Red		Red		
GYMN						Red			
FLOOR		Grey							
SKATE				Grey					
ROLLER								Grey	
SOCCN		Blue		Blue	Blue		Blue	Blue	Blue
SOCCW		Red	Red	Red	Red	Red	Red	Red	Red
SOCCGK			Red		Red				Red
SPORT				Red				Red	
FOOTB			Red				Red		
ADINO				Red					Red
ARTC		Red				Red			
BABY		Red						Red	
BOOT			Red						Red
GREEN				Red			Red		
PRINC		Red						Red	
REFP						Red			
REMO			Red				Red		
SCIEN					Red				Red
TASTE				Red					
TEAM		Red						Red	
SAFET			Red		Blue				
VIDCOM		Red				Red			
AIRPL		Red			Red				
WILDN			Red		Red				
YOGA		Red					Red	Red	
Famous Dave's Fun day Friday		6/26	7/10	7/17	7/24	7/31	8/7	8/14	8/20
Lunch and a Movie		Blue		Blue	Blue		Blue	Blue	Blue
The Total Package		Red	Red	Red	Red	Red	Red	Red	Red