



# Farmington Fall 2017 runs Sept 5th-Nov 21st CLASS HOLIDAYS: 10/31/17

LOCATION: Total Sports Farmington 22777 Farmington Rd COST: \$17 Per Class, Annual membership required \$15 individual or \$30 Family EQUIPMENT NEEDED: Shin Guards are mandatory for ALL Micro classes For More info: 248.957.8391 or 248.669.9817 Chad@totalsportscomplex.com

<b>OPEN</b> REGISTRATION-JOIN ANYTIME!!!				
Class & Age	Tuesday	Wednesday	Friday	Saturday
Bunnies 18-24 months Parent/Child	9:30			9:30
Thumpers 25-35 months Parent/child		9:30		10:30
Cottontails 2.5-3.5 years Parent/child				9:30
Hoppers 3-4 Beginner	6:30	10:30 5:30		10:30
Jackrabbits 3-4 advanced	5:30	6:30		
Micro 4/5 4-5 years	6:30	5:30	6:15	10:30
Micro 5/6 5-6 years	5:30	6:30	6:15	9:30
Micro 6/7 6-7 years			6:15	
Micro 7/8 7-8 years	• • • • • • • •		7:15	
Micro 8/9 8-9 years			7:15	
Micro 10/12 10-12 years			7:15	

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## Bunnies

#### (18-24 Months, Parent/Child)

Together, toddlers and parents explore basic soccer and fundamental skills through the use of sensory tools. Classes include parachute activities, lots of goal scoring, and the cone towers!

## Thumpers

#### (2-3 Parent/Child)

Parents and kids, lead by one of our coaches, play organized games together to develop listening skills, balance, ball skills and foot-eye coordination. Thumpers is the ideal next step for veteran bunnies who are not yet old enough for the hoppers level, and a perfect introduction to Lil' Kickers for new players who are just barely 3 years old.

#### **Cottontails**

#### (2.5/3.5 Parent/Child)

Cottontails is for children who are ready for more of a challenge than the Thumpers class, but are not quite ready to be on the field without parents being interactive. This class builds fundamental skills such as balance, coordination and ball skills. As children progress through the session and build a sense of independence, parents can take a less active roll, helping their child progress into the Hoppers classes

### Hoppers

#### (3-4 Beginner)

Three and four year olds get a fast paced, fun exposure to the most popular sport in the world. Classes focus on foot-eye coordination, dribbling, scoring, and balance. Hoppers classes will also introduce the concept of team-work and cooperation. Hoppers will not play any competitive soccer games. 

## **Jackrabbits**

#### (3-4 Intermediate)

Jackrabbits is a class designed for 3 & 4 year olds who have either completed the Hoppers level or have other soccer experience. Jackrabbits classes will start to focus on more complex ball handling (trapping and passing) and skills. Some small sided soccer games will be introduced, as well as one ball oriented games to prepare them for the transition into Micro Leagues.

## Micro

Micro Leagues are non-competitive, development al leagues for kids 4-7 years old. Designed to enhance individual and team skills with an emphasis on fun and safety. Micro Leagues are for children who have prior soccer experience

## **Micro Advanced**

Children in these classes will be introduced to more complex soccer tactics and skills. Our curriculum is designed by licensed coaches and child development professionals. A challenging curriculum, results in a rewarding soccer experience