

TOTAL **BASEBALL** **OAKLAND**

BASEBALL LESSONS WITH **JASON THOMPSON** **AND** **MATT THOMPSON**

JASON THOMPSON **SUPERVISOR, TOTAL BASEBALL** **OAKLAND**

- DRAFTED BY LA DODGERS AS A PITCHER OUT OF HIGH SCHOOL
- DRAFTED BY DETROIT TIGERS
- 3 TIME MLB ALL STAR: '77, '78, '82
- '82 ROBERTO CLEMENTE AWARD
- HIT 2 BALLS OVER ROOF IN OLD TIGER STADIUM
- CAREER .260 AVERAGE WITH 208 HOME RUNS
- TOP DEFENSIVE FIRST BASEMAN
- PREVIOUS OWNER OF JASON THOMPSON BASEBALL SPECIALIZING IN ALL ASPECTS OF BASEBALL TRAINING AS WELL AS STRENGTH TRAINING AND SPEED AND AGILITY

MATT THOMPSON

- 3 YRS INTERNATIONAL EXPERIENCE AS INSTRUCTOR AND STRENGTH AND CONDITIONING COACH FOR THE DHAHRAN YOUTH BASEBALL ASSOCIATION IN SAUDI ARABIA
- CERTIFICATIONS FROM NATIONAL ACADEMY OF SPORTS MEDICINE: PERSONAL TRAINER, PERFORMANCE ENHANCEMENT SPECIALIST, CORRECTIVE EXERCISE SPECIALIST, FITNESS NUTRITION SPECIALIST
- HEAD COACH: NATIONAL TRAVEL TEAM SAUDI ARABIA LITTLE LEAGUE WORLD SERIES AND TOURNAMENTS THROUGHOUT MIDDLE EAST, EUROPE, AND ASIA

RATES

- \$60/HALF HOUR
- \$70/HALF HOUR (2 PLAYERS)

PACKAGES

- \$335-(6) HALF HOUR LESSONS
- \$500-(9) HALF HOUR LESSONS

TO SCHEDULE LESSONS

CALL (248) 853-2255

LESSON HOURS

MON-THURS: 5-9 PM
SAT: 11 AM-2 PM
SUN: BY APPT

ADDRESS

TOTAL BASEBALL—OAKLAND UNIVERSITY
877 PIONEER DRIVE
ROCHESTER, MI 48309



totalsportscomplex.com

