



**TOTAL**  
**SOFTBALL**



Total Sports Rossford  
10020 South Compass Dr.  
Rossford, OH 43460

# V.I.P. III

## **Velocity.Improvement.Program.**

Learn how to increase your velocity...Guaranteed!

This intense Velocity Improvement Program will cover proper technique and mechanics. Pitchers will also be educated on proper strength and conditioning of their body for maximum velocity and performance.

**\*FOR SERIOUS PITCHERS ONLY\***

Monday's January 6 - February 17, 2020

11-18 years old

\$210.00—7 classes

6:00-7:00pm

**Class size limited to 15 pitchers**

**\*\* MUST BRING A CATCHER \*\***

248-240-4114

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total**sports**complex.com

