



Total Sports Complex Wixom
30990 S Wixom Rd
Wixom, MI 48393
248-669-9817

Winter 2 Advanced Train & Play

Sundays January 5th - March 1st, 2020

**7 Sessions over 9 weeks for \$169 plus membership
Skips Sunday January 26th & February 16th, 2020**

Girls Lacrosse

Experienced Level

High School

Boys Lacrosse

Experienced level

5th Grade - HS Advanced

To register with payment please contact Total Sports Wixom 248-669-9817

Or register online at www.totalsportscomplex.com

If you have any questions email michelles@totalsportscomplex.com

For questions regarding format please contact Dwayne Hicks at

laxplay@aol.com

See reverse side for details

www.totalsportscomplex.com



Wixom Lacrosse Train & Play Winter 2

Sundays January 5th - March 1st, 2020

**7 Sessions over 9 weeks for \$169 plus membership
No sessions on January 26th, and February 16th, 2020**

The Train and Play Program Works!
Train and Play is a proven method of learning Lacrosse
Each week, experienced coaches focus on one skill to help players improve their game .
After the drill, players engage in a fast-paced scrimmaging session.
It's the Fastest hour of Michigan Lacrosse!

Girls Levels:

**Girls HS/Experienced - Sundays - 12pm-1pm
*Beginner Levels offered at our Novi West Location***

Boys Levels:

****Please note we offer a 3rd-4th Grade level at our Novi West location***

5th-6th Grade Adv - Sundays - 1pm-2pm (*Experience Required*)

**7th-8th Grade Adv - Sundays - 2pm-3pm (*Experience Required*)
Beginner levels offered at our Novi West location*

High School JV & Varsity - Sundays - 3pm-4pm

***Times are tentative and subject to enrollment
Individual equipment required

COST: \$169 plus membership (\$15) - Payment must be made at time of registration

**Please make sure to have a valid email on file for schedule reminders
Must be pre-registered before start date — No Walk Ins Please**

**Refund Policy:
No refunds — a credit may be kept on file to use at a later date**

**To register with Visa/MC/Discover please call Total Sports at (248) 669-9817 or
Register on line at www.totalsportscomplex.com**

For questions email michelleS@totalsportscomplex.com

**For detailed information regarding format call/email
Dwayne Hicks at (248) 752-1143 or laxplay@aol.com**

www.totalsportscomplex.com

