



TOTAL
SOFTBALL



V.I.P.

Round 2:

**Velocity.Improvement.Program
With Coach Erinn**

Total Sports Rossford
10020 South Compass Dr.
Rossford, OH 43460

Learn how to increase your velocity... Guaranteed!
This intense Velocity Improvement Program will cover proper technique and mechanics. Pitchers will also be educated on proper strength and conditioning of their body for maximum velocity and performance.

**** FOR EXPERIENCED PITCHERS ONLY ****

Monday's Nov. 2nd - Dec 14th, 2020

13-18 years old

\$210.00 --- 6 classes

8:00-9:00pm

Class size is limited to 15

**** MUST BRING A CATCHER ****

248-240-4114

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totalsportscomplex.com

