



S.W.A.T. SWINGING WITH ATHLETIC TRAINING CLASS

CLASSES: Mondays and Thursdays
AGES: 9 - 12 yrs old · 7:00 pm-8:00 pm
AGES: 13-16 yrs old · 8:00 pm-9:00 pm

LOCATION: Total Sports Complex
30990 S. Wixom Rd., Wixom MI 48393

**TO REGISTER OR FOR MORE
INFORMATION:**

Call/Email: Rick Wing, Total Baseball
Supervisor at (248) 668-0166 ·
rickw@totalsportscomplex.com

Web: [www.totalsportscomplex.com/
locations/wixom/baseball/](http://www.totalsportscomplex.com/locations/wixom/baseball/)

DESCRIPTION: This intense hitting class is designed to get players power in their baseball swing with more reps and drills. This detail oriented class will go over proper swing path, extending through the ball, use of the back side and developing more power.

WINTER 2021 SESSION DATES

1. January 4 - February 4
2. February 8 - March 11
3. March 15 - April 15

COST: \$250/player/session

