

HITTING REPS

The Hitting Reps class will focus on players receiving a high volume of hitting repetitions to supplement their individual training. Areas of focus will be drills that teach proper swing mechanics, exaggeration drills to correct improper movements, and advanced drills to hit all pitch

location. Be prepared for 60 minutes of intense hitting drills!

Saturday's, November 5th - December 10th, 2022 No 11/26 Class

10:00 - 11:00AM **OR** 11:00 - 12:00PM 15 Hitters/Class

\$150.00 / 5 classes

Ages 9-16

Total Sports Wixom

248.669.6754

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