



## S.W.A.T. CLASS

# SWINGING WITH ATHLETIC TRAINING

**AGES:** 9-13 yrs.

**CLASSES:** Mondays and Thursdays  
7:00 pm-8:00 pm

**COST:** \$250 / 10 classes

**LOCATION:** Total Sports Complex  
30990 S. Wixom Rd., Wixom MI 48393

### WINTER 2022 SESSION DATES

- September 8-October 6
- October 10-November 14
- November 17- December 22

### **DESCRIPTION:**

This intense hitting class is designed to get players power in their baseball swing with more reps and drills. This detail-oriented class will go over proper swing path, extending through the ball, use of the back side and developing more power.

### **TO REGISTER OR MORE INFORMATION:**

Call/Email: Joey PeJuan, Total Baseball  
Supervisor (248) 668-0166 ·

[joey@totalsportscomplex.com](mailto:joey@totalsportscomplex.com)

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