



PERSONAL BASEBALL LESSONS

INSTRUCTORS AT TOTAL BASEBALL-WIXOM

TOTAL SPORTS COMPLEX, 30990 S. WIXOM RD., WIXOM MI
(248) 668-0166 OR BASEBALL@TOTALSPORTSCOMPLEX.COM

- **RICK WING** – CURRENT TOTAL BASEBALL SUPERVISOR AND TOTAL BASEBALL TRAVEL DIRECTOR/ COACH. FORMER HENRY FORD COMMUNITY COLLEGE PLAYER. FORMER HEAD JV COACH AND PITCHING COACH AT WALLED LAKE NORTHERN. FORMER VARSITY COACH AND A. GREEN TRAVEL COACH.
- **JOEY PEJUAN** – CURRENT TOTAL BASEBALL TRAVEL COACH. FORMER PLAYER AT WEIMAR HORMIGAS (INDPDT LGE 2022), LOS BRAVEOS DE CIDRA (PR PROFESSIONAL LEAGUE 2021), MONTERREY AMBERJACKS INDPT PRO 2021), MADONNA UNIV (NAIA 2018-21), SCHOOLCRAFT COLL (JUCO 2017-18). CURRENT HITTING COACH SCHOOLCRAFT COLLEGE & ASST COACH SCHOOLCRAFT COLL 2022; FORMER SOUTHWEST AZTECS COACH 2018-22. SPECIALIZING IN HITTING & FIELDING INSTRUCTION.
- **KEVIN ZAK** – CURRENT ASSISTANT VARSITY COACH NOVI HS. SPECIALIZES IN HITTING & FIELDING INSTRUCTION. 10 YRS EXPERIENCE PROVIDING LESSONS. FORMER ALL-AMERICAN AT GRAND VALLEY STATE UNIV (2012-15). GL/AC CONFERENCE ALL-TIME HITS LEADER. FORMER PROF PLAYER LAKE ERIE CRUSHERS – FRONTIER LEAGUE.
- **TERRY FRIKKEN** – FORMER CATCHER AT THE UNIVERSITY OF MARYLAND (DIV. 1). FORMER BALTIMORE AND MILFORD HS VARSITY COACH. CURRENT CATCHER MSBL/MABL LEAGUE. CATCHING AND HITTING INSTRUCTOR FOR TOTAL BASEBALL MORE THAN 13 YEARS.
- **PATRICK NAJOR** – 4 YR PLAYER AT NORTHWOOD UNIV. ALL LEAGUE/ALL DISTRICT HS PITCHER. ALL AROUND BASEBALL INSTRUCTOR 6 YRS. 2 YR TRAVEL BASEBALL COACH. UMPIRE 6 YRS. – LESSONS AT THE GRIZZ DOME, OAKLAND UNIVERSITY (MONDAYS & TUESDAYS).
- **TODD KALMBACH** – FORMER MADONNA UNIVERSITY PLAYER AWARDED ALL-AMERICAN, CHAMPION OF CHARACTER, HON. MENTION ALL-CONFERENCE, MR. OFFENCE .355 BATTING AVG. STRENGTH & CONDITIONING COACH. FORMER MI MUSKRATS AST COACH, LAKELAND HS STRENGTH & CONDITIONING COACH, JV HEAD BASEBALL COACH, TRAVEL TEAM COACH.

\$50/HALF HOUR LESSON · \$240 FOR (5) HALF HOUR LESSONS
· TOTAL BASEBALL TRAVEL PLAYERS: \$225 FOR (5) HALF HOUR LESSONS